

Post Vasectomy Semen Analysis Requirements

Introduction

It's been three months since your vasectomy, so it's time for your semen analysis. This is an important step to confirm the success of your procedure. Please follow the instructions below to ensure your sample is valid.

[Post Vasectomy Semen Analysis Instructions](#)

1. Contact the Lab

Depending on where you live, you may need to reach out to the testing lab before collecting your sample. This ensures they can test it within the required time frame:

- **First test:** within 4 hours
- **Repeat test (if needed):** within 1 hour

You can find your nearest testing location by following these links:

- **NSW/ACT:** [Lavery Pathology Drop-Off Locations](#) (Please note: Sydney Metro clients only may also drop off their samples at any Sydney Metro local collection centre (different to the laboratory) as long as they ring the collection centre the day before to determine the timing of drop off to connect with the courier who takes it to the laboratory.)
- **VIC:** [Dorevitch Pathology Drop-Off Locations](#)

For other regions:

- **SA/QLD/WA:** Enter "Semen Post Vasectomy Analysis" under the filter tab:
- **SA:** [Abbott Pathology Drop-Off Locations](#)
- **QLD:** [QML Pathology Drop-Off Locations](#)
- **WA:** [Western Diagnostic Pathology Drop-Off Locations](#)

2. Collecting Your Semen Sample

Do not ejaculate for 3 to 4 days before collecting the sample. Collect the entire sample by ejaculating directly into the container provided. Label the container 'post-vasectomy,' with your full name, date of birth and time of collection.

Do not:

- use lubricants
- pull out during sex
- collect from a condom
- refrigerate your sample.

IMPORTANT: The sample must be tested within 4 hours of ejaculation. This means you must call your local pathology before dropping off your sample as they may need to organise a courier to take it to the examination laboratory.

If you need to have another test, the sample must be tested within 1 hour of ejaculation.

After confirming with the lab, collect your sample in the provided container. Be sure to write the following information on the container:

- Full name
- Date of birth
- Time of collection
- Test name: **“Post Vasectomy”**

Important: The time of collection is crucial for the lab to confirm they test it within the proper timeframe. If this is missing, a repeat test may be needed.

3. Submit Your Sample

Take your sample to the lab immediately for testing. You should receive your results within 7 days. If you have not heard from the lab by then or if you need your referral, feel free to reach out to our nurse support line on [1300 888 022](tel:1300888022) during business hours.



Call [1300 003 707](tel:1300003707)

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